#### LASER HAIR REMOVAL/ PSEUDO FOLLICULITIS CONSENT FORM

The laser system is designed to target and destroy the hair follicle. The procedure involves shaving the hair from the treatment area. Application of a topical anesthetic may be applied to reduce discomfort associated with laser treatment. Photographs of the treatment area may be taken for you chart and future comparison.

Possible benefits of this treatment are delayed re-growth of the hair, lightening of the hair, decreased density of the hair and long term or permanent reduction in the number of hairs growing in the treatment areas. Multiple treatments are required to achieve hair removal. Short term redness and some edema may be expected.

### Possible risks or discomforts include:

- 1. Pain, burning, blister formation, and a stinging sensation.
- 2. Infection
- 3. Pigmentary changes including decreased or increase in skin color at the site of treatment.
- 4. Scar formation, and laser induced "cold-sore-like" blistering, skin eruptions known as "herpetic" skin eruptions at the site of treatment and poor cosmetic outcome.
- 5. Recurrence of hair growth at the treatment sites is also possible.

I have read and understand the risks and outcomes and agree to treatment with Dr.

6. Eye injury due to the use of the laser is a risk to the patient and to the clinician, however the risks are almost completely eliminated with the use proper eye wear.

Roham.		
Patient signature	Date	
I understand and acknowledge that all fee	es paid to Dr. Roham are non-ref	fundable and I agree to these
terms and I will not receive a refund or cl		Patients Initials

# PRE & POST INSTRUCTIONS FOR HAIR REMOVAL LASER

## **TREATMENT**

- No Accutane for 3 months prior to treatment
- No Retin A or Glycolic for two weeks prior to treatment
- Do not tan area to be treated 1-2 weeks prior to treatment
- Use sunscreen, SPF 15-30
- Shave area to be treated prior to 1<sup>st</sup> treatment
- Be on time for treatment
- Do not wax or pluck, but shave or cut with scissors depilatory

### **POST TREATMENT:**

- No exercise until perifollicular erythema (red bumps) resolves
- Apply 1% hydrocortisone or aloe vera to treated are if redness occurs
- Ice immediately post treatment, if necessary
- Do not pick or scratch treated areas
- No Jacuzzi, sauna, or steam baths until skin is back to normal
- Slight redness is normal and disappears 2-3 hours. Mild redness with swelling may persist 2-3 days after treatment.
- No deodorant to axilla after treatment until redness subsides.
- No strenuous exercise for 48 hours

Slight redness is normal and disappears within 2-3 hours. Mild redness with swelling may persist 2-3 days after treatment. Local swelling, dry skin, mild tenderness or whitehead-like bumps are common side effects and will subside within a few days. If symptoms persist for longer than 1 week, please call the office.